



**CLEVELAND COUNTY WELLNESS COMMITTEE
NOTICE OF MEETING AND AGENDA
FOR THE REGULAR SCHEDULED MEETING OF
FRIDAY, OCTOBER 27, 2017
122 E EUFAULA, NORMAN, OK
9:00 A.M.**

**No Meeting Was Held
Due to Lack of
Quorum.**

CLEVELAND COUNTY WELLNESS COMMITTEE

Clerk's Notes: Friday, October 27, 2017 at 9:00.

The following group stayed and discussed the following items: Rod Cleveland, Douglas Warr, Jacob McHughes, Leann Clements, Brian Wint and Christina Newburg; Linda Atkins, Sarita Scott, Brittany Marshall, Jennifer Slawson, Meredith Rowland NP, Christi Morren and Lexi Verplank.

- Aley Cristelli with TSET discussed the **Certified Healthy Application and Policy**. She said they applied for a certified copy and the application is not due until the first of November that is for a recognition program where they look at all the things that we are doing statewide. It recognizes Businesses, Communities, Churches and Schools who all work to advance wellness. They will know the first part of next year what certification level we will get. There is a banquet planned but one must buy tickets.

Jacob McHughes said Cleveland County actually meets a lot of the right criteria.

Aley Cristelli said this being the first time it is hard to see where it will take us, but we submitted our policy and then next year we will do the extra work on the physical activity and the tobacco policy to do even better.

Chairman Cleveland discussed the possibility of obtaining grant money for MedEncentives which is third-party software; it assists the patient to know what questions to ask the physician. He said that TSET might aid the county to apply for a grant to pay for one year's worth of it because with the information they offer to the patients it increases their chances in getting better.

Aley Cristelli said that John Woods is better able to explain what type of funding is available.

Jacob McHughes said that he will continue inviting Mr. Woods to attend a Wellness Committee Meeting.

- Jacob McHughes reported on the River Rapids excursion for the County Physical Activity Day. He said it is late in the year for the excursion now, but it is a very good group price at \$30 per person. One problem is that only seven people have committed interest in it and this is something to think about for next year. The timing was last minute and will need more time to promote the plans for next summer. He liked the idea of going on a hiking trip to the scenic Wichita Mountains just a short trip away.

It was suggested to plan it in June because May is a busy month with school and graduations.

- Rod Cleveland said that he did not have an update on the proposed **Community Garden**, but he did follow that up with two people. One is the local farmer that is all

about coming over to help with the Community Garden and has received interest from the master gardeners. The new Sheriff will be brought into the discussions for his consent. He said that there is a person willing to train the inmates in the care and maintenance of the vegetable garden and teach how to harvest the vegetables as they ripen. He will discuss these plans with the food vendors to find out if the county could receive a discount for providing some of their own produce.

- There was no presentation from the **HR Department** on health and wellness matters for county employees at this time.
- Discussion was had about the **County Wellness Gym Facility** about the new lockers and they will see about getting more fans near the treadmills. Rod Cleveland said that another fitness challenge will take place in mid-January 2018, from January until spring break.
- There was no discussion regarding Wellness Committee issues at this time.
- Meredith Rowland, NP, updated on the Employee Health Clinic. She said that all the flu clinics have been completed, but they still have flu vaccines available and stated that if someone needs a flu shot to call the clinic.